

Almont Community Schools 5-8 P.E. Pacing Guides

Last Revision: 9-20-2015

Almont Community Schools 5-8 P.E. Pacing Guides																																						Last Revision: 9-20-2015	
Trimester 1														Trimester 2												Trimester 3													
September				October				November				December			January			February			March			April			May			June									
Weeks	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	
8th Grade	Soccer (2 weeks)		Basketball (2 weeks)		Volleyball (2 weeks)		Badminton (2 weeks)		Football (2 weeks)		Bowling (2 weeks)		Elusive Games (1 week)	Soccer (2 weeks)		Elusive Games (1 week)	Basketball (2 weeks)		Pickle ball (2 weeks)		Stick games (floor hockey/lacrosse) (2 weeks)		Bowling (2 weeks)		Volleyball (2 weeks)		Speedball (1 week)	Soccer (2 weeks)		Speedball/Handball (2 weeks)		Stick games (floor hockey/lacrosse) (2 weeks)		Tennis (2 weeks)		Ultimate Frisbee (2 Weeks)		Softball (1 week)	
Skills Covered	Dribble/ Kick Pass/Throw-ins		Dribble/ Passing/Shooting		Bump Pass Set/ Serve		Underhand Serve/ Forehand/ Backhand		Passing/ Punting/ Kicking		Throwing Techniques/ Scoring/ Etiquette		Various Dodge Ball Games/ Capture the Ball	Dribble/ Kick Pass/Throw-ins		Various Dodge Ball Games/ Capture the Ball	Dribble/ Passing/Shooting		Forehand Backhand/ Serve		Stick Handling/ Passing/ Shooting		Throwing Techniques/ Scoring/ Etiquette		Bump Pass Set/ Serve		Throwing/ soccer Dribble	Dribble/ Kick Pass/Throw-ins		Throwing/ Soccer Dribble/Catching		Stick Handling/ Passing/ Shooting		(Outdoors) Forehand/ Backhand/Serve		(Outdoors) Throwing/ Catching a Frisbee		Throwing Catching/ Hitting	

Semester 1																				Semester 2																		
September				October				November				December			January			January/February			March			April			May			June								
Weeks	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
7th Grade	Soccer (2 weeks)		Basketball (2 weeks)		Volleyball (2 weeks)		Badminton (2 weeks)		Football (2 weeks)		Bowling (2 weeks)		Stick gms (floor hockey/lacrosse) (3wks)		Elusive Games (1 week)	Speedball/Handball (2 weeks)		Pickle Ball (1 week)	Pickle Ball (1 week)	Soccer (2 weeks)		Basketball (2 weeks)		Volleyball (2 weeks)		Elusive Games (1 week)	Football (2 weeks)		Speedball/Handball (2 weeks)		Stick gms (floor hockey/lacrosse) (3wks)		Tennis (2 weeks)		Ultimate Frisbee (2 Weeks)		Softball (1 week)	
6th Grade	Soccer (2 weeks)		Basketball (2 weeks)		Volleyball (2 weeks)		Badminton (2 weeks)		Football (2 weeks)		Bowling (2 weeks)		Stick gms (floor hockey/lacrosse) (3wks)		Elusive Games (1 week)	Speedball/Handball (2 weeks)		Pickle Ball (1 week)	Pickle Ball (1 week)	Soccer (2 weeks)		Basketball (2 weeks)		Volleyball (2 weeks)		Elusive Games (1 week)	Football (2 weeks)		Speedball/Handball (2 weeks)		Stick gms (floor hockey/lacrosse) (3wks)		Tennis (2 weeks)		Ultimate Frisbee (2 Weeks)		Softball (1 week)	
5th Grade (Meet 1 or 2 Days Per Week)	Soccer (2 weeks)		Basketball (2 weeks)		Volleyball (2 weeks)		Badminton (2 weeks)		Football (2 weeks)		Bowling (2 weeks)		Stick gms (floor hockey/lacrosse) (3wks)		Elusive Games (1 week)	Speedball/Handball (2 weeks)		Pickle Ball (1 week)	Pickle Ball (1 week)	Soccer (2 weeks)		Bowling (2 weeks)		Volleyball (2 weeks)		Elusive Games (1 week)	Football (2 weeks)		Speedball/Handball (2 weeks)		Stick gms (floor hockey/lacrosse) (3wks)		Tennis (2 weeks)		Ultimate Frisbee (2 Weeks)		Softball (1 week)	
Skills Covered	Dribble/ Kick Pass/Throw-ins		Dribble/ Passing/Shooting		Bump Pass Set/ Serve		Underhand Serve/ Forehand/ Backhand		Passing/ Punting/ Kicking		Throwing Techniques/ Scoring/ Etiquette		Stick Handling/ Passing/ Shooting		Various Dodge Ball Games/ Capture the Ball	Throwing/ Soccer Dribble/Catching		Forehand Backhand/ Serve	Forehand Backhand/ Serve	Dribble/ Kick Pass/Throw-ins		Throwing Techniques/ Scoring/ Etiquette		Bump Pass Set/ Serve		Various Dodge Ball Games/ Capture the Ball	Passing/ Punting/ Kicking		Throwing/ Soccer Dribble/Catching		Stick Handling/ Passing/ Shooting		(Outdoors) Forehand/ Backhand/Serve		(Outdoors) Throwing/ Catching a Frisbee		Throwing Catching/ Hitting	